Join Us

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that Fort Mason Foundation is not a part of the National Park Service and does not get money to operate from them?

Did you know that behind Fort Mason are hundreds of individuals like you who believe in the ideal of free and low-cost programs responsive to people's interests and needs?

Open this calendar! See the opportunities here for you and then help us!

BECOME A FRIEND OF THE FORT —

Your financial assistance will help us to continue our transformation of this old fort into lively theatre, galleries, music halls, offices and classrooms. And your involvement in events and programs at the Center will help fulfill the possibilities of this unique project on San Francisco's waterfront.

AS A FRIEND WE CAN OFFER YOU
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FORT MASON, Building 308, San Francisco, CA 94123

Thank You!

The Fort Mason Foundation gratefully acknowledges contributions received in September from the **Luke B. Hancock Foundation, Title Insurance and Trust, and Chevron U.S.A.** for printing.

We also with to thank our foundation, corporate, and government donors that have given during the past year:

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Notices

New daily recorded message of Fort Mason events: 441-5705.

FREE PARKING AVAILABLE. MUNI lines 22, 28, 30 & 47 run near Fort Mason.

Greens Restaurant will be closed November 22, 23, and 24.

For Mason Center can make arrangements for the handicapped if notified in advance. Ramps and elevators are available. Call 441-5705.

Construction of the new sewer system now blocks our old entrance. Enter at Marina & Buchanan.

AM/FM RECYCLING accepts **Glass**, all colors, caps removed; **Tin**, clean and flattened; **Newspaper**, no phonebooks, magazines, or cardboard; **Aluminum**, flattened, 2nd & 4th Saturday of every month, 9 AM - 2 PM, end of Bldg. A.

For Mason Foundation
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NOV.

Father Alfred Boedekker of St. Anthony's Dining Hall
"Miracle of Jones St." photo by William Samolis See 11/

1979

FORT MASON CENTER

FOR THE ARTS, HUMANITIES, RECREATION, EDUCATION AND ECOLOGY.

This monthly calendar supported in part by a grant from the San Francisco Foundation.

Events At A Glance

PERFORMING ARTS

Josephine the Mouse Singer. 11/1
Rules of the Game. 11/1
Rockers, Poets Unite Against Nukes. 11/3
Cartoon Theatre. 11/3, 10
JAZZ ON A SUNDAY AFTERNOON. 11/4, 11, 18, 25
Plowshares Coffehouse. 11/4, 11, 18, 25
I Can Dance! You Can Dance!. 11/4, 11, 18, 25
Looking Past the Future. 11/8 - 11
Autumn Flute Rituals. 11/9, 16, 23, 30
Open Workshop/Improvisational Theatre. 11/10
An Evening with Gary Lapow. 11/14
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HAI Dance with **Mimi Gina's Band**. 11/16
Labor History and Theatre. 11/18, 25
Intrigue at Ah-pah. 11/23, 24, 29, 30
Workshops with Inter-Action. 11/26 - 28
M.J. Lallo Trio. 11/28

LECTURES & SEMINARS

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For Men Only. 11/5
Understanding Brecht series. 11/5, 12, 19, 26
Antioch College West — Holistic Living Series.11/7, 14, 21, 28
Believing in Yourself. 11/8
The Compatibility of Men & Women. 11/13
Wanna Play? 11/14
History & Politics of the Bowhead Hunt. 11/15

VISUAL ARTS & MEDIA

Perception Gallery Celebration for Pearl Sofaer. 11/3
Fundraising for Community Groups. 11/3
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Meeting of **Bay Area Photographers**. 11/6
Brayers and Ink, an art workshop. 11/10
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Script Writing & Visualization. 11/26
The Future of Radio in the Bay Area. 11/27
Breaking-In to Editing. 11/28

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Chinese Traditional Health Arts. 11/6
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Yoga Lecture/Demonstration. 11/10, 24
Therapeutic Touch. 11/17, 18

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Solar Cells. 11/8
Status of Wild & Scenic Rivers of California. 11/14
Nuclear Power in California. 11/27

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The Perilous Pomegranate. 11/15
Spirit Catcher's Dream Journey. 11/29

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Tektite Society. 11/9
CLIR-ance Sale. 11/10, 11
Father Al of St. Anthony's Dining Hall. 11/18
Grief & Violence Workshop. 11/30

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New Theatre Events

The People's Theatre Coalition begins Monday night forums on theatre issues and new directions in theatre technique and theory. This month, Richard Seyd will discuss an historical approach to understanding and using Brecht. Seyd was a founding member of England's first professional political theatre collective — Red Ladder Theatre. He has taught numerous classes at the Cultural Training Center, Asian American Theatre Workshop and the Haight Ashbury Theatre Workshop. He recently directed the Moving Men's "You Should Have Been There." (see inside for details)

England's Inter-Action will come to Fort Mason on November 26, 27 and 28 for a three-day residency program sponsored by the People's Theatre Coalition. They will offer classes and workshops on techniques of popular theatre. Liz Leyh presents slides of Inter-Action's work with neighborhood children and sculpture on November 26. Performances are also planned. Call 387-2675 for more information.

Make-A-Circus announces formation of the Feedback Performing Troupe, an exciting new theatre/performance program for teenagers. This free after-school program offers talented teens a chance to experience theatre study in an in-depth workshop situation. The goal is to develop original material for a mobile show — material to express the joys, frustrations and dreams of those involved in the project.

Make-A-Circus
Photo by Marian Goldman

Applications are being accepted by Deborah Krant, California Arts Council Artist-in-Residence and Director of this new program. Enrollment limited to 20 students. Call 776-8477 for applications and information.

Final Notice

DON'T MISS NEXT MONTH'S CALENDAR

The new Fort Mason Center calendar will be mailed to you first-class for a subscription fee of $5 per year. Be sure to subscribe now if you with to continue receiving the calendar at home. Send your name and address along with a check payable to Fort Mason Foundation. Mail to Fort Mason Foundation, Bldg. A, Laguna & Marina Blvd., S.F. Ca 94123.

Free calendars appear inside City Celebration Magazine. You can enjoy articles on music, dance, theatre and much more. Pick up City Celebration with the Fort Mason Calendar inside at the following locations:

The Grand Piano, Haight Street
Just Desserts, three locations
Keystone Korner, 750 Vallejo
Major Ponds, 2801 California
Munchkins Ice Cream, 242 Church Street
Noble Frankfurter, Polk Street
Precita Park Cafe, Precita & Folsom
Real Good Karma Restaurant, 18th & Dolores
Savoy Tivoli, Grant Street

East Bay and other S.F. locations will be announced soon.

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Dickens Fair Opens

On November 23, the 9th Annual Dickens Christmas Fair brings the merriment of holiday England to Pier III at Fort Mason. Victorian characters come to life — food, dancing and entertainment abound. Immerse yourself in authentic parlor games, songs and typical activities from this important historical period, 1850 -1870. Workshops are listed inside this calendar. Fair runs from November 23 to December 31. $2.50 discount for Friends of Fort Mason.

Photo by Don Wolter

Residents Directory

Fort Mason Center houses nearly forty resident organizations. These groups can provide you with information on the recording business, dance, broadcasting, theatre, river rafting, marine ecosystems, printmaking, copyrights, boatbuilding, freelance writing and much more. Drop in at their offices to find out about classes, services, speakers or trips made available to you by these outstanding Bay Area groups. A complete list of residents appears below.

BLDG. A
Ace Mailing (771-6280)
Fort Mason Foundation office (441-5706)
S.F.M.O.M.A. Rental Gallery (441-4777)
Greens Restaurant (771-6222)

BLDG. B
Accountants for the Public Interest (885-3306)
Bay Area Lawyers for the Arts (775-7200)
Fort Mason Community College Art Center (776-8247)
The Fund for Animals (474-4020)
Marina Theatre — People's Theatre Coalition (441-5706)
S.F. Chess Club (981-4484)
World Print Council (776-9200)

BLDG. C
American Adventure Play Association (673-9949)
Bay Area Energy Action (673-6786)
Ensemble of Stanislavski Theatre Artists (824-9488)
Environmental Action Clearinghouse (474-5080)
Environmental Traveling Companions (474-7662)
Friends of the River (771-0400)
Friends of the S.F. Public Library (558-3770)
Hospital Audiences, Inc. (776-9171)
Marc Wilde Ballet
Music by the Bay (474-5600)
Perception Gallery (776-0347)
S.F. Bay Area Dance Coalition (673-8172)
S.F. Central Y.M.C.A. (885-0460)
S.F. Children's Art Center (771-0292)
S.F. Folk Music Center (441-8910)
Women in the Wilderness (982-4588)
Yacht Racing Assn. of S.F. Bay (771-9500)

BLDG. D
Artists in Print (673-6941)
Blue Bear School of Music (673-3600)
CAC/NEA Dance Touring Program (346-1062)
Graphic Artists Guild West (673-6941)
Magic Theatre (441-8001)
Marina Music Hall (441-5705)
Media Alliance (441-2557)
Musicians Performing Arts (585-9987)
S.F. Arts & Letters Foundation (771-6711)
S.F. Theatre/TV Workshop (441-8922)
Poetry Film Workshop
Western Public Radio (771-1161)

BLDG. E
Bodega Bay Institute (776-4449)
Feedback Productions (776-8477)
Greenpeace Foundation (474-6767)
Lifeline Marine Research (567-7797)
Oceanic Society (441-5970)

BLDG. F
Meristem (776-8580)

The Fort Mason Foundation, a privately-funded nonprofit organization, is engaged in renovating surplus military buildings at Fort Mason, headquarters of the Golden Gate National Recreation Area. The Foundation administers Fort Mason Center which is located on the Bay between Aquatic Park and the Marina Green. In less than three years, the Center has become a national model for low-cost community-responsive urban parks.

We invite you to bring your conferences, classes, performances, meetings or benefits to Fort Mason. Space for suitable activities is available for a nominal daily or hourly fee. Enjoy the pleasure of teaching, working, or performing in this unusual national park location. Call 441-5706 for booking appointments and information.

NOV 2 - 1979

FORT MASON CENTER November 1979

All events are presented through the cooperation of Fort Mason Foundation and the Golden Gate National Recreation Area. Visit Fort Mason Center, Laguna and Marina Blvds., S.F. 94123. 441-5705.

Sunday

4 **I Can Dance! You Can Dance!** Weekly Dance Celebration with Zachary Zakon. A joyous, high-energy, non-sexist, non-ageist, participatory approach to dance. Taped music. 8:30 PM, Bldg. C. $2 before 9 PM, $3 after 9 PM, 525-8886. (see also 11/11, 18, 25)

JAZZ ON A SUNDAY AFTERNOON. **Mel Martin's "Listen"** returns to Fort Mason. Hear the finest jazz band in San Francisco this Sunday. 2 PM, Bldg. D, Marina Music Hall, $2 or PAS. 441-5705 (see also 11/11, 18, 25)

Plowshares Coffeehouse presents **Margaret MacArthur**. Songs of the earliest British settlers in New England and the Appalachians. 7:30 PM, Bldg. C, $2.50 or PAS. 441-8910. (see also 11/11, 18, 25)

Josephine the Mouse Singer. 8:30 PM. See 11/1.

Rules of the Game 8 PM. See 11/1.

11 JAZZ ON A SUNDAY AFTERNOON with **Brass Madness**, featuring Dave Ginsberg, Eddie Henderson, Eddie Moore, Mark Levine and Chris Amberger. 2 PM, Bldg. D, Marina Music Hall, $2 or PAS. 441-5705.

Plowshares Coffehouse presents **Sheila na Gig**. Music, dance, and folklore of the Celts, with authentic period costumes and instruments. 7:30 PM, Bldg. B, $2.50 or PAS. 441-8910.

I Can Dance! You Can Dance! Weekly dance celebration with Zachary Zakon. 8:30 PM. See 11/4.

Puppet Playtime. Terri Ryder & Judy Strup. A performance, "Monster Mixup" with junk monster puppets; puppet making workshop to follow. 11 AM, Bldg. C, $1.50. 282-4424 or 824-0721.

CLIR-ance Sale. 10 AM - 4 PM. See 11/10.

Looking Past the Future. 8:30 PM. See 11/8.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

Plowshares Coffehouse presents **Margaret MacArthur**.

18 JAZZ ON A SUNDAY AFTERNOON with **Be-Bopology**. Cal Lewiston. Original music in straight-ahead be-bop jazz style. 2 PM, Bldg. D, Marina Music Hall, $2 or PAS. 441-5705.

Plowshares Coffeehouse presents **Jody Stecher and Krishna Bhatt**. An exciting combination of American and Indian music by two master artists. 7:30 PM, Bldg. C, $2.50 or PAS. 441-8910.

Father Al of St. Anthony's Dining Hall. An exclusive video interview by Todd S.J. Lawson with Father Alfred Boedekker, founder of "the Miracle of Jones Street." 2 - 3:30 PM & 3:30 - 5 PM, Bldg. D, free-will donation. 771-3431 or 771-6711.

Labor History & Theatre. People's Theatre Coalition. Lively skits and music from the 30's, and slide presentation. 8 PM, Bldg. B, Marina Theatre, $3. 285-5546. See also 11/25.

Therapeutic Touch. 9 AM - 4 PM. See 11/17.

I Can Dance! You Can Dance! 8:30 PM. See 11/4.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

25 JAZZ ON A SUNDAY AFTERNOON with **Jennifer Clevinger Quartet**, featuring Vince Wallace. Progressive jazz, instrumentals and scat singing. 2 PM, Bldg. D, Marina Music Hall, $2 or PAS. 441-5705.

Plowshares Coffeehouse presents **Debby McClatchy**. American, English and Irish music, resistance songs, dance tunes. 7:30 PM, Bldg. C, $2.50 or PAS. 441-8910.

Labor History & Theatre. See 11/18.

I Can Dance! You Can Dance! See 11/4.

Monday

5 **Understanding Brecht**. A Monday night lecture series presented by People's Theatre Coalition. This series examines both technical and theoretical questions. Each lecture will involve slides, demonstrations by actors, poetry and conversation. First lecture: "Brecht & His Times," by Richard Seyd. 8 PM, Bldg. B, Marina Theatre, $3.50. 841-5564. (see also 11/12, 19, 26)

For Men Only. Alexandra Sheppard speaks on how men relate successfully to women. 8 - 9 PM. Bldg. B, $3. 388-1227.

12 **Understanding Brecht: Brecht's Theatrical Philosophy**, by Richard Seyd. 8 PM, Bldg. B, $3.50. 841-5564. See 11/5.

19 **Understanding Brecht: Brecht's Theatrical Method**, with Richard Seyd. Discussion of the A-effect, acting, music, lighting, props, and staging. 8 PM, Bldg. B, Marina Theatre, $3.50. 841-5564.

26 **Understanding Brecht: The Relevance of Brecht Today**, with Richard Seyd. 8 PM, Bldg. B, Marina Theatre, $3.50, 841-5564.

Script Writing & Visualization. Media Alliance. Two evenings of basic techniques for dramatic, persuasive sound slide shows. Ron Atwood. 6:30 - 8:45 PM, Bldg. D, Media Resource Center. $21/$18 members. Second class 12/3. 441-2557.

Workshops with Inter-Action. People's Theatre Coalition. 3-day residency by members from England's **Inter-Action**, offering classes, workshops, performances on popular theatre technique. Bldg. B, Marina Theatre. 387-2675.

Tuesday

6 **Presentation of Aikido**. Meristem offers presentations of Aikido by Academy teachers. 7 PM, Bldg. F, free. Children welcome. 776-8580. (see also 11/13, 20)

Chinese Traditional Health Arts. Fong Ha. Informal lectures and conversation with specialists over tea and cakes. Meets first Tuesday of each month. 8 PM, Bldg. C, $2 donation/ICI students free. 524-4718.

Train the Trainer — I. R. D'Angelo. Community Training and Development. 9 AM - 4:30 PM, Bldg. C, $20. See 11/1.

Meeting of Bay Area Photographers. Putting together thematic group shows. Everyone is welcome. 7 PM, Bldg. C, free. 333-0797.

13 **The Compatibility of Men and Women.** Alexandra Sheppard. Understand each other more effectively. 8 PM, Bldg. B, Marina View Gallery, $3. 388-1227.

Presentation of Aikido, by Academy teachers of Meristem. 7 PM. See 11/6.

20 **Train the Trainer - II**. E. Reynolds & J. Reynolds. Community Training and Development. 9 AM - 4:30 PM, Bldg. C, $20. See 11/1.

Presentation of Aikido, by Academy teachers of Meristem. 7 PM, Bldg. F, free. Children welcome. 776-8580. See 11/6.

27 **Nuclear Power in California.** Greenpeace. San Onofre, Diablo Canyon, Rancho Seco and Vallecito nuclear power plants. History and current status. 7 PM, Bldg. E. 474-6767.

The Future of Radio in the Bay Area, general meeting of Media Alliance.Bay Area broadcasters discuss the future of local radio. 7:30 PM, Bldg. C, $1/free to members. 441-2557.

Workshops with Inter-Action. See 11/26.

Wednesday

7 **Antioch College West — Holistic Living Series**. An outstanding series of speakers continues throughout November. (see also 11/14, 21, 18)

Stuart Emery — Actualizations. 7:30 PM, Bldg. C, $4/$1 students. 956-1688,

14 **Wanna Play?** American Adventure Play Assn. What are the elements needed for playful behavior to occur? 7:30 PM, Bldg. C, free. 673-9949.

Special Concert: An Evening with Gary Lapow. Songwriters' Stage. Gary Lapow, prodigy of Malvina Reynolds, will perform an all-original folk concert. 8 PM, Bldg. B, Marina Theatre, $3 or PAS. 441-5705.

Status of Wild & Scenic Rivers of California. Friends of the River. Catherine Fox will speak on wild and scenic rivers of California and the emergence of "Rivermams." 7:30 PM, Bldg. C, free. 775-7862.

Song Evaluation Workshop. Songwriters Resources & Services. Bring guitar or cassette tape and 10 copies of your lyrics. 6 - 10 PM, Bldg. C, free. (213) 463-7178.

Warren Bennis — Holistic Organizations. Antioch College West. 7:30 PM. See 11/7.

21 **Sim Van der Ryn — New Age Communities**. Antioch College West. 7:30 PM. See 11/7.

Thanksgiving Wilderness Concert. A dance and multimedia performance based on wilderness themes and American historical traditions. Created for presentation in Yosemite; sponsored by the National Park Service. Performed by Sundance. 8 PM, Bldg. A. Free. 556-0560. (11/21, 23, 24)

28 **Special Concert with M.J. Lallo Trio**, an all-women's progressive jazz group. 8 PM, Bldg. B, Marina Theatre. Presented by Songwriters' Stage. $3 or PAS. 441-5705.

Breaking-In to Editing. Media Alliance. A panel of experienced editors tell how they got started. 7:30 PM, Bldg. C, $3.50/$2.50 members. 441-2557.

Workshops with Inter-Action. See 11/26.

Judith Aston — Structural Patterning. Antioch College West. 7:30 PM. See 11/7.

ENVIRONMENTAL ACTION CLEARINGHOUSE

The EAC provides the following services and programs:

— Recorded calendar of Bay Area environmental activities: 474-4848
— Environmental Job Placement: 474-5080
— Monthly (4th Wednesday) Potluck Forum — open discussion. This month: "Lookin' Good — Graphics for Environmentalists," 7 - 10 PM, Bldg. C. Bring utensils, drinking vessels.
— Every Thursday, 5 - 8 PM. Information and Resource Exchange sessions
— Professional Training Program. Register now for space in the Fall lecture/workshop series. Volunteers & professionals invited.

Nov. 27: Incorporation & Tax Exemptions
Nov. 28: Graphics & Printing
Nov. 29: Publications
Series continues in December. Call 474-5080.

PROJECT TEKTITE

Underwater research habitat currently on display in the Fort Mason parking lot. The Tektite habitat will provide a submerged home for scientists, students and others exploring the richness of undersea life.

Thursday

1 **Josephine the Mouse Singer**, West Coast premiere by Michael McClure. Directed by John Lion, presented by Magic Theatre, continues through 11/18. Winner 1978 Obie Award. Thur-Sun, 8:30 PM, Bldg. D, $6/$4.50 students & seniors. 885-9928 for res.

Rules of the Game, Luigi Pirandello's play, directed by Rise Walter, has been extended to 11/4. Thur-Sun, 8 PM, Bldg. B, $3.50 or PAS + $1. 626-6945.

Community Training and Development — Fall Workshop Series continues. Low-cost management and staff development workshops. Pre-registration necessary, contact CTD at 626-6220 for information or a catalogue. Bldg. C, $20/day. First program in Nov. is **Cooperative Program Management**, T. Tellalian, 9 AM - 4:30 PM. (see also 11/6, 8, 20, 30)

Women and The Creative Process: Expressing Feminine Qualities & Values in Work. Sue Roberts. For women. Talk and role-play session. 7 PM, Bldg. C, $5/session or $15/4 sessions. Other sessions 11/8, 15, 29. 533-4367.

8 **Looking Past the Future**. EVA Sisters. Collaborative performance piece examining the future of sex and tradition. 8:30 PM, Bldg. B, Marina Theatre, $3 or PAS. 647-7847. Runs through 11/11.

Believing in Yourself. Alexandra Sheppard. 8 PM, Bldg. B, Marina View Gallery, $3. 388-1227.

Songs of the Sea. Friends of the S.F. Public Library and Books for Youth. Folksingers Megan & Michael, Peter & Susan, and storyteller Beatrice Bowles. 7:30 PM, Bldg. C, free. 776-3010.

Women and the Creative Process: Women's Creative Process & Spirituality. Sue Walden. For women: discussion and guided experience session. 7 PM, Bldg. C, $5. 533-4367.

Solar Cells — Where to Buy Them and How to Use Them. Presented by BAEA. Jerry Karmon demonstrates the use of electricity from the sun for appliances. 7:30 PM, Bldg. C, $1 donation. 673-6786.

Team Building. R. D'Angelo. Community Training and Development. 9 AM - 4:30 PM, Bldg. C, $20. See 11/1.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

15 **History & Politics of the Bowhead Hunt**. Greenpeace. Guest speaker, Ron Storro-Patterson, speaks about the Eskimo subsistence hunt in Alaska and its political/environmental implications. 7 PM, Bldg. E, $1/50¢ children. 474-6767.

Women and the Creative Process: The Creative Use of Anger. Sue Roberts. For women; discussion, writing and dance movement. 7 PM, Bldg. C, $5. 533-4367.

The Perilous Pomegranate. Friends of the S.F. Public Library and Books for Youth. A retelling of Greek Earth Goddess's rescue of her daughter from the underworld. 7:30 PM, Bldg. C, free. 776-3010.

Plowshares Coffeehouse presents . . . Thursday! A special lineup of performers from near and far to help kick off the new night with a bang! 7:30 PM, Bldg. C, $2.50 or PAS. 441-8910.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

29 **Spirit Catcher's Dream Journey**, Friends of the S.F. Public Library and Books for Youth. Retelling of the California Indian myth. By Megan Bierman Gwinn. 7:30 PM, Bldg. C, free. 776-3010.

Plowshares Coffeehouse presents **Carlo Calabi & Gail Frater**. Old-time country harmonies, sea shanties, string band tunes and ballads. 7:30 PM, Bldg. C, $2.50 or PAS. 441-8910.

Women and the Creative Process: Keeping the Right to be Unpredictable. Sue Roberts. See 11/1.

Intrigue at Ah-pah. See 11/23.

Friday

2 **Wilderness Sports in the Sawtooth & White Cloud Mountains**. A slide show and discussion. Hut system skiing, backpacking and wilderness rivers. Wine and cheese served. 7:30 PM, Bldg. C, $1, 981-0416.

Autumn Flute Rituals: Special preview concert. Andrew Voight plays classical and jazz. 8:30 PM, Bldg. D, Marina Music Hall, $3 or PAS. 441-5706.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

Rules of the Game. 8 PM, See 11/1.

9 **Autumn Flute Rituals: An Evening with Larry Kassin**. The flute from classical to jazz to avant-garde. Loeillet, Ravel and original jazz compositions. 8:30 PM, Bldg. D, Marina Music Hall, $3. 441-5705. (see also 11/16, 23, 30)

Attorneys for Animal Rights. Presented by Fund for Animals. Reception and party for public to meet new lawyer groups. 5 - 8 PM, Bldg. B, Marina View Gallery, free. 474-4020.

Tektite Society. Presented by Project Tektite. Film presentation "Whale Shark." 7:30 PM, Bldg. E, free. 566-9390.

Looking Past the Future. 8:30 PM. See 11/8.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

16 **Dance with Mimi Gina's Band**, for seniors and clients of social service agencies. Presented by Hospital Audiences, Inc. 1:30 - 3:30 PM, Bldg. C, free. 776-9171 between 10 AM & 2 PM.

The Creative Process with Michell Cassou. A vivid sight and sound presentation and lecture on creative art and self-discovery. 7:30 PM, Bldg. D, Marina Music Hall, $1. 564-8515.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

23 **Intrigue at Ah-pah**, presented by Dell 'Arte. A musical comedy created by the entire company in the style of a Bogey/Bacall mystery thriller. 8 PM, Bldg. B, Marina Theatre, $2.50 - 3.50. (see also 11/24, 29, 30)

Autumn Flute Rituals: Giving Thanks Concert. Eugene Cash plays traditional and non-traditional ritual music including folk tunes. 8:30 PM, Bldg. D, Marina Music Hall, $2.50 or PAS. 552-1852.

Wilderness Concert. 8 PM. See 11/21.

30 **Autumn Flute Rituals: Music from Before the Beginning**. Steve Nachmanovitch, Manuel Nieto, Bernice Roberto. Afro-Caribbean and native American chants are integrated with original music. 8:30 PM, Bldg. D, Marina Music Hall, $3. 843-5435.

Intrigue at Ah-pah. See 11/23.

Group Process. R. James & W. James. Community Training & Development. 9 AM - 4:30 PM, Bldg. C, $20. See 11/1.

Grief & Violence Workshop. Dorothy Stapp. For human service workers and educators; focus on grief process and therapeutic intervention. 9 AM - 4 PM, Bldg. C, free. 558-4116.

Cowboy Indian photo exhibit, Bldg. C
Photo by Tim Loomis

Saturday

3 **Cartoon Theatre** with Carole Koenig. Theatre, dance, mime and puppet techniques. 1 - 4 PM, Bldg. C; call for cost: 845-5886.

Perception Gallery. Art Show by Pearl Sofaer. Opening party. 5 - 8 PM, Bldg. C, free. 776-0347.

Fundraising for Community Groups. Media Alliance. Develop a funding plan for your small community organization. 9:30 AM -4:30 PM, Bldg. D. $21/$18 members. 441-2557.

Internship Workshop, presented by BAEA. Pete Seel conducts workshop for teachers, staff and students. 10 AM - 1 PM, Bldg. C, $1 donation. 673-6786.

Women Aloud - Part II. Judith Rook. Workshop for women who want to communicate with clarity and confidence. 11:30 AM - 7 PM, Bldg. B, Marina View Gallery, $25. 457-4453.

Early Pregnancy. Cassandra Einstein. Includes childbirth methods and choosing a doctor or midwife. Noon - 2 PM, Bldg. C, $6 single/$8 couple. Presented by YMCA. 885-0460.

Rockers, Poets Unite Against Nukes, a benefit for the Coalition Against Uranium Mining. Noon - 5 PM speeches; 6 - 8 PM poetry readings by **Lawrence Ferlinghetti** and others; 9 - 11 PM music by **The Dils** and other bands. Bldg. C, $3 for entire day. 843-0973 or 391-7843.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

Rules of the Game. 8 PM. See 11/1.

10 **Open Workshop/ Improvisational Theatre** with Sue Walden. Techniques, games and exercises; create theatre in the moment. No experience necessary. 1 - 4 PM, Bldg. C, $3. 441-4384.

Yoga Lecture/Demonstration. Yoga College of India. Demonstrated by Anthony Sanchez. 4 - 6 PM, Bldg. C, free. 346-5400.

Brayers and Ink, an art workshop by Ann Eby. 1 - 4 PM, Bldg. C, free. 776-0347.

Nutrition, Kinesiology, Chiropractic. Latimer Chiropractic office. 7 - 9 PM, Bldg. B, Marina View Gallery, free. 566-2238.

Cartoon Theatre. Carole Koenig. Theatre, dance, mime and puppet techniques. 1 - 4 PM, Bldg. C. 845-5886. See 11/3.

CLIR-ance Sale. The Center for Learning in Retirement (CLIR). Rummage sale to raise monies for office operation. 10 AM - 4 PM, Bldg. C, free. Sat & Sun.

Looking Past the Future. 8:30 PM. See 11/8.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

17 **Therapeutic Touch**. Dolores Krieger, Professor of Nursing, discusses the implications of her research and practice. 9 AM - 4 PM, Bldg. C, $50/2 days. 11/17 & 18. 663-1039.

Autumn Flute Rituals: Mirasol. Jorge Perez and Christina Sanchez play Peruvian flute and conga with vocal flute-sound accompaniments. 8:30 PM, Bldg. D, Marina Music Hall, $3. 441-5705.

Josephine the Mouse Singer. 8:30 PM. See 11/1.

24 **Yoga Lecture/Demonstration**. 1 -3 PM. See 11/10.

Intrigue at Ah-pah. See 11/23.

Wilderness Concert. 8 PM. See 11/21.

Drop-In

PERCEPTION GALLERY — An Art Show by Pearl Sofaer. Opens Thurs., Nov. 1, 1 - 4:30 PM, Wed. - Sun., Bldg. C, free. 776-0347. (thru 11/25)

SFMOMA RENTAL GALLERY — Paintings by Lynn Bostick and Carlos Loarca and photography by Kent Marshall. Tues. - Sat., Bldg. A. (11/18 - 12/8)

STORY WELL TOLD — A GALLERY FOR NARRATIVE ART. "Cowboy Indian." Bldg. C, 3rd floor. (continues thru 11/30)

WORLD PRINT GALLERY — Gallery hours: 10 AM - 5 PM, Mon. - Fri., Bldg. B, 3rd floor. For information on exhibits in November, call 776-9200.

Classes & Workshops

MARTIAL ARTS

Aikido Practice. The Meristem Academy welcomes visitors to observe their daily aikido practice. Explore with students some essential movements and principles of this unique body/mind art. Mon. - Fri., 7:30 - 8:30 AM & 5:30 - 7:30 PM; Sat. & Sun., 10:30 - 11:30 AM, Bldg. F, free to observers. Call 776-8580, Mon. - Fri., 9 -12 AM.

Tai Chi Chuan. Barbara Riddle. Stretch the body and calm the mind. Mon. & Wed., 6 -7 PM, Bldg. C, $24/month. 665-3902. (11/5 -28)

Tai Chi Chuan. Sifu Fong Ha. Complete classical forms with emphasis on meditative aspects. Tues. & Thurs., 6:30 PM, Bldg. C, $35/mo. 524-4718. (11/6 - 29)

Jing-mo, Northern Shaolin Kung-fu. Jack Man Wong. Shaolin Kung-fu and Tai-Chi for health and self-defense. Wed. & Fri., 6 -8 PM; Sun. 10 AM - Noon, Bldg. C, $25/mo. 564-0855. (11/7 - 30)

Kempo Karate. Techniques in self-defense. Tues. & Thurs., 7 - 8 PM, Bldg. E, $20/mo. 282-7326. (11/6 - 29)

Body Conditioning & Health. Wil Ng. (11/10 -ongoing)

HEALTH & RECREATION

Beginning Chess. The S.F. Chess Club. History, basic moves, clock use. 4-hour course, 2 courses. Sat., 10 & 11 AM, Bldg. B, $10/4 classes. 981-4484. (11/13 - 24)

Speed Tournaments. S.F. Chess Club. 4 games at 5 minutes/player (beg. & adv.). Sat., Noon, Bldg. B, $2. 981-4484. (11/3 - 24)

Lamaze Childbirth Preparation. Cassandra Einstein. Labor, delivery, relaxation and breathing techniques. Sat., 2 - 4 PM, Bldg. C, $30/couple. 885-0460. (11/3 - 12/1)

Wholistic Fitness. Rene Biba. Aerobic workout, strengthening and flexibility exercises. Mon. & Wed., 9 - 10 AM, Bldg. C, $15/6 classes or $3/class. 665-0890. (11/5 -28)

Aerobic Conditioning. Mary Fischer. Yoga, dance and calisthenics set to music. M/W, 6 - 7:30 PM, T/TH, 5:30 - 7 PM, Bldg. C, $42/7 wks. or $4/class. 775-8229. (11/5 -12/20)

Motherdance. Gretchen Phillips. Dance, exercise and relaxation in preparation for or rejuvenation from childbirth. Doctor's OK required. Partners invited to evening class. Mon., Wed., & Fri., 11:30 AM - 1 PM; Wed., 7 - 8 PM, Bldg. C, $25/10 classes. 885-0460. (11/5 - ongoing)

Body Movement: A Creative Resource. Kathy Leavelle. For elementary school teachers. Provides resources in creative movement for use in the classroom. Mon., 5:30 - 7:30 PM, Bldg. C, $6/class. 824-3079. (thru 12/3)

Ski Conditioning. Ivan Madar. Ski-related conditioning with emphasis on motor strength and balance development. Mon., 7:30 - 9 PM, Fri., 5:30 - 7 PM, Bldg. C. 776-9391. (thru 12/21)

Touch for Health. Natalie Davenport. Natural methods, accupressure and massage to reduce physical and mental tension. Tues., 10 AM - 12:30 PM, Bldg. C, $40 (wkbk. $10 extra). 929-0302. (thru 12/11)

Awareness Through Movement/Feldenkrais Method. Julie Casson. Release habitual patterns of tension. Wear loose clothing. Mon., 6:30 - 7:30 PM, Tues., 12 - 1 PM, Bldg. C, $32. 674-3056. (thru 12/19)

Body Conditioning & Health. Wil Ng. Movement using tumbling, Tai Chi, Chinese dancing and general skills. Sat., 10 AM - Noon, Bldg. C. 922-9100. (11/10 -ongoing)

Stress Class, offered by S.F. Health Dept. Wed., 9:30 - 11 AM, Bldg. C. 558-3591 for info. (11/7 - 12/12)

Quit Smoking Class, offered by S.F. Health Dept. Thurs., 6:30 - 8 PM. 558-3591 for info. (thru 11/15)

PERFORMING ARTS

Dance Technique of Isadora Duncan. Dionysian Duncan Dancers. Beg. classes for adults. Mon., 3:30 - 5:30 PM, Wed., 5:30 - 7 PM, Bldg. C, $3.75/class. 346-1530. (11/1 - 30)

Tap Dance. Donald Weissmuller. Time steps, rhythms, riffs, routines. Thurs., Beg: 6:30 - 7:30 PM; Adv. Beg: 7:30 - 8:30 PM, Bldg. C, $23/$19 YMCA members. 885-0460. (11/1 - 12/6)

The Living History Centre (Dickens Christmas Fair) presents **The College of Victorian Pastimes**. Sat. & Sun., 10 AM - 4 PM, Bldg. C. Runs 11/3 - 11/18. Call 892-1688. Courses offered: London Dialects & Street Cries; 19th Century Social Dance; Victorian Instrumental Music; Parlour Games & Evening Entertainments; Costume Workshop; Dickensian Social History; Development of English Christmas Pantomime.

International Folk Dance. Shira Ozarchik. Dances of Israel, Yugoslavia & other countries. Tues., 5:45 - 6:45 PM, Bldg. C, 8 classes for $20/$15 YMCA members. 885-0460. (11/6 - 12/11)

Ballroom Dance. Ernie Haeusslein's popular class for beginners through advanced. Tues., 7 - 10 PM, Bldg. C, $16 single/$28 couple, Y members: $13/$22. 885-0460. (11/13 - 1/15)

Improvising Scenes Workshop with Sue Walden. Some improv. experience helpful. Tues., 7:30 - 10 PM, Bldg. E, $40/$35 in advance. 441-4384. (11/13 -12/18)

Improvisation Techniques. Sue Walden. Develop skills needed to create theatre spontaneously. No experience required. Wed., 7:30 - 10 PM, Bldg. E, $40/$35 in advance. 441-4384. (11/14 - 12/19)

Flamenco & Classical Guitar. Daniel Maya teaches fundamentals of Segovia method. Sat., Beg.: 10 - 11 AM; Int.: 11 -Noon, Bldg. C, $40/$35 YMCA members. 885-0460. (11/17 - 15)

VISUAL ARTS & MEDIA

S.F. Television Workshop Studio Tours presented by the S.F. Television Workshop. Membership-operated TV studio producing weekly S.F. comedy series. Sat. & Sun., Noon & 2 PM, Bldg. D, $2.50/wkshp. 441-8922. (11/3 - 25)

Puppet and Doll Making with Ingrid Butler & Robin Mosgrove. Explore this joyful, creative process. Pre-req. required. Sat., 10 AM -Noon, Bldg. C, $30. 922-5237. (11/3 -24)

Playwriting Seminar & Workshop with Edward Weingold & Barbara Graham. An in-depth workshop with a practicum for survival in today's theatre. Wed., 7 - 10 PM, Bldg. B, $60/7 classes. (11/7 - 12/19)

Movement for Models. Greta Phillips. Instruction to prepare the model for photographic and ramp work. Presented by YMCA. Wed., 8 - 9:30 PM, Bldg. C, $25/5 classes. 885-0460. (11/7 -12/5)

MISCELLANEOUS CLASSES

Economic Principles. Henry George School. Understanding is the first step toward a better society. Mon., 7 -9 PM, Bldg. B, free. 362-7944. (continues thru 11/26)

How to Buy Your Own Home. Ben Herman gives practical, thorough information. Mon., 7:30 - 9:30 PM, Bldg. C, $27/$22 YMCA members. 885-0460.(11/5 - 26)

Dreams: Meaning & Power. Kenneth Kelzer, MSW. Recall dreams and use them creatively. Thurs., 8 -10 PM, Bldg. C, $50/8 wk. course (began 10/18, thru 12/13). 454-8311.

Dress Design. Nancy O'Neill. Thur., 7:30 PM, Bldg. C, $3/hr. 527-1243. (11/1, 8, 15, 29)

CHILDREN'S CLASSES

S.F. Children's Art Center. Instruction in painting, drawing, sculpture and print-making; individual attention to each child's development. Schedule: Tues. - Fri., 9:30 - 11 AM (ages 2 - 4); 1 - 2:30 PM (ages 4 - 5); 3:30 - 5 PM (ages 6 - 10); Sat., 9 -10:30 (ages 2 - 4); 11 AM - 12:30 PM (ages 5 - 7); 1 - 2:30 PM (ages 7 - 10). Bldg. C, $45/8 wks. 771-0292. (Fall session thru 11/17; Winter session begins 12/4)

Creative Movement for Children. Kathy Leavelle. A dance class to build confidence and creativity. Mon., 4 - 5 PM (age 5 - 7); Tues., 4 - 5 PM (ages 8 - 11), Bldg. C, $3/class. 824-3079. (thru 12/4)

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